The Evils of Alcohol and Solutions offered in Islam

Abstract: Alcohol is organic compounds in which the hydroxyl functional group (OH-) is bound a carbon atoms. In particular this carbon centre is should be saturated having single bonds to three other atoms. There are many types of alcohols among which ethanol are type found in alcoholic beverages. In common speech the word alcohol specifically refers to ethanol. Alcoholic beverages usually contain 5% to 40% ethanol by volume. These beverages have been produced and consumed by humans since pre historic period. Humans are practiced to recurrent use of alcoholic beverages in spite of its negative consequences. These beverages provide the state of psycho-activeness and intoxication. Meantime the negative impacts of alcohol can be seen in various domain of a man’s life. It causes de-hydration and changes the metabolism of liver and brain, stroke, heart deceases, blood pressure. Apart from these health hazards, alcoholic consumptions are harmful to the society also. Having realized these evil consequences alcoholism Islam is the only major religions that forbids, discourages and restricts consuming alcohol. Quran and Hadeeth repeatedly preach the evils of alcohol and provide the perfect guidance to the human being.