



# Sadakathullah Appa College

\*An Autonomous Institution, Re-Accredited by NAAC at an 'A' Grade, \* ISO 9001: 2015 Certified \*

## Policy for Mentoring

### Definition of Mentoring:

Mentoring is an essential exercise at the Higher Education level to help students to excel in their academic performance and guide them build good relation with their teachers, peers and family members. It is further aimed at delving into their inner psyche, to identify their anxieties and agonies and help them bolster their self image and self esteem.

### The requisite characteristics of Mentors:

Mentoring Teachers must display great enthusiasm in their service to students. They have to take keen interest in the affairs of students and whole heartedly engage in mentoring. The designated Mentors must evince a great deal of passion in constant learning and teaching the budding scholars. Trustworthiness is another notable quality in Mentors that helps to bridge the gap between them and the students. Students respect and admire the teachers who are devoid of hypocrisy. Patient listening is another admirable quality in Mentors. It facilitates strengthening rapport with Mentees so that students shed their inhibitions and share their problems openly. Mentors are also expected to be greatly alert about the modern gadgets and online social media that cause havoc in the personal life of the youth.



**Modus Operandi:**

The Mentors meet the Mentees outside the teaching schedules once a month for duration of an hour each. The Mentors will maintain a register to record the attendance of the Mentees.

The Mentors then commence the session with a Pep Talk in order to stimulate more interest in students in their academic activities. The grievances of the Mentees pertaining to their studies may be registered by the Mentors. By paying patient attention the Mentors can guide them to overcome such bottlenecks.

The intimacy that develops between the Mentors and the Mentees will finally lead to a frank discussion on issues regarding family conflicts, financial constraints, teenage tantrums, unhealthy distractions etc. If things are getting out of control, the Mentees could be directed to professional counsellors. In most of the cases compassion and kindness on the part of the Mentors would render outstanding results. At times, the Mentors can accomplish difficult tasks if and when they call parents for additional support.

It is the duty of the Mentors to help the Mentees set reasonable goals and objectives, in spite of unexpected diversions and digressions.

The Mentors shall maintain a record of the number of days the Mentees were absent from classes and the reasons attributed to their absence. Moreover, the information in respect of the academic distinctions achieved by the Mentees, special awards and the services rendered by them inside and outside academic campuses should be provided in the register. Such an approach will be a tremendous morale booster to them.

**Advantages:**

Mentoring is definitely a constructive approach in the transition period of college students. If the mentoring is avowedly carried out, it eliminates the disruptive tendencies and nurtures enlightenment and promotes all round growth.

The academic campus is vibrant with awakened scholars pursuing the path of peace and harmony. Ours is an institution committed to the social, spiritual and intellectual emancipation of men and women regardless of discrimination. We fervently hope that the selfless mentoring that we embark on will ensure an era of all round transformation.



**PRINCIPAL**

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