

Sadakathullah Appa College

*An Autonomous Institution, Re-Accredited by NAAC at an 'A' Grade, *ISO 9001 : 2015 Certified*

CRITERION III

RESEARCH, INNOVATION AND EXTENSION

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3.6.3 Number of extension and outreach programs conducted by the institution through NSS during the Academic Year 2020-2021 (Supporting Document)

Submitted to

THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)

August 2022







REPORT ON " NATIONAL SERVICE SCHEME 02.01.2021 TO 01.02.2021



SADAKATHULLAH APPA COLLEGE (AUTONOMOUS) RAHMATH NAGAR, TIRUNELVELI -12 NATIONAL SERVICE SCHEME

Mr. S. Mohideen Pillai Unit 11

Mr. M. Sahul Hameed Unit 12

Dr. M. Abdul Rahuman Unit 13

Dr. J. Jemi Merlin Rani Unit 14

Dr. A .Marianmal Unit 151

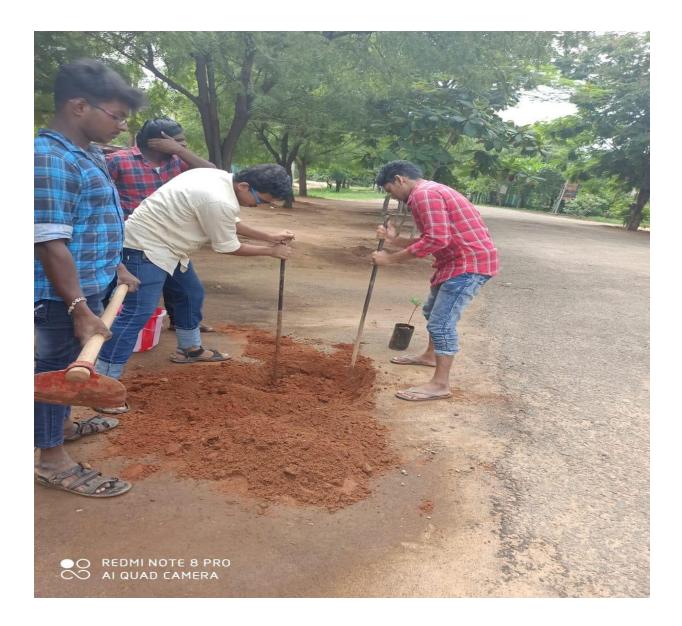
Dr. P. Jeslin Kanaga Inba Unit 152

| S.N | Programme | Date |
|-----|---------------------------------|------------|
| | | |
| 1. | Tree Plantation | 02.01.2021 |
| 2. | NSS Boys Orientation | 22.01.2021 |
| 3. | National Voters Day | 25.01.2021 |
| 4. | Parakram Divas – Bravers Day | 25.01.2021 |
| 5. | Republic Day Celebration | 26.01.2021 |
| 6. | Road Safety Awareness Programme | 28.01.2021 |
| 7. | NSS Girls Orientation | 29.01.2021 |
| 8. | Martyrs Day - Programme | 01.02.2021 |

1. TREE PLANTATION – 02-01-2021

The NSS Units of Sadakathullah Appa College began the year 2021 with the planting of tree saplings. The saplings were planted near the girls hostel, backyard of the Zoology department and near Chemistry department. The college principal Dr.M.Mohamed Sathik planted the first sapling. Nearly twenty five saplings were planted by the NSS volunteers.



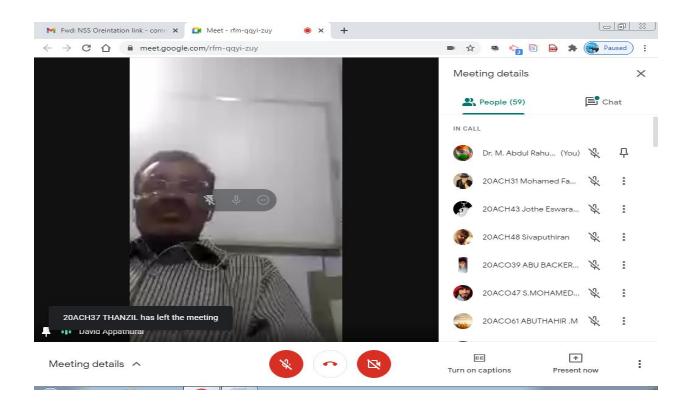


2. NSS ORIENTATION PROGRAMME – BOYS 22-01-2021

The NSS boys units 11,12,13 of Sadakathullah Appa College organized a webinar on 22-01-2021 to orient the students . The program began at 4 pm with the recitation of Qirath by Prof .M.Sahul Hameed, NSS Program officer. Dr.M.Abdul Rahuman, NSS Program officer welcomed everyone present in the webinar. The special address was given by Dr. S. David Appadurai, NSS Program officer, St.Xaviers College, Tirunelveli. He motivated the students through his slides by

showing the selfless service rendered by many people in the society. Prof. S.Mohideen Pillai, NSS Program officer gave the vote of thanks. Sixty three volunteers took part in the orientation program.

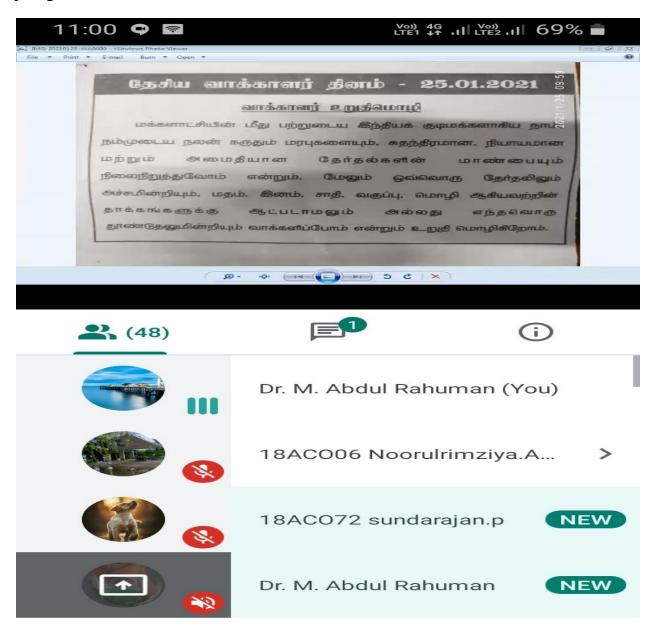




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3. NATIONAL VOTERS DAY PLEDGE - 25-01-2021

The national voters day pledge was taken by all the NSS Units of Sadakathullah Appa College on 25-01-2021. The pledge was recited by the students and the oath was taken. Nearly hundred students took part in the online pledge.



Others in the meeting (44)

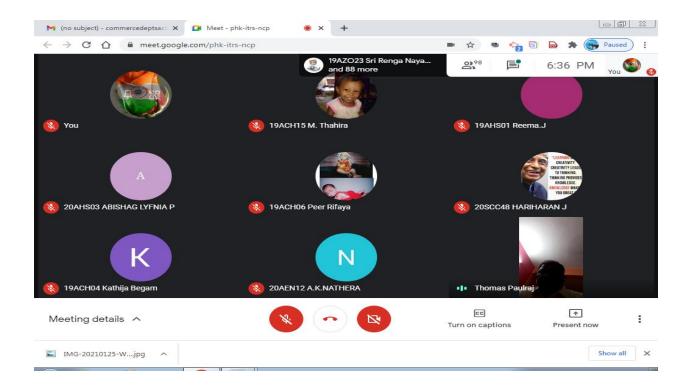
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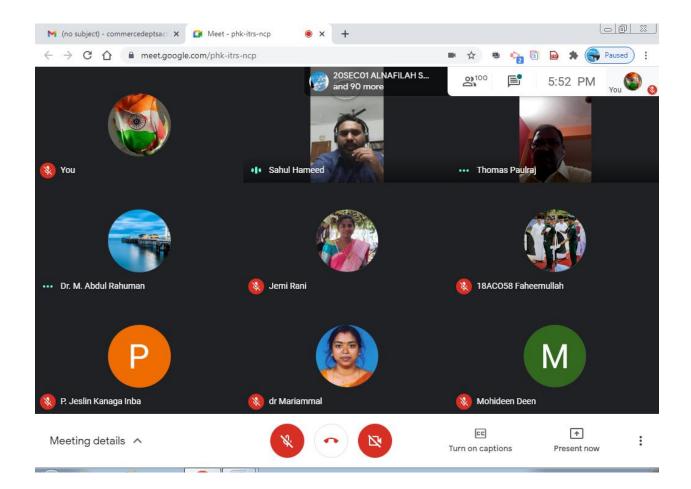


4. PARAKRAM DIVAS - Bravery Day 2021 (25-01-2021)

The NSS Units 11,12,13,14,151,152 of Sadakathullah Appa College organized a webinar on Parakram Divas – Bravery day on 25-01-2021 at 5.45 pm. The program began with the recitation of qirath by Ibrahim Fahimullah of III B.Com. The welcome address was given by Prof.M.Sahul Hameed, NSS Program officer. The special address was given by Dr.R.Thomas, Associate Professor & head, Department of History, Nazareth Margoschis College, Pillayanmanai. He gave a talk on the topic "Heroic Adventures of Netaji" to commemorate the 125th birthday of Subash Chandra Bose. The vote of thanks was delivered by Dr.M.Abdul Rahuman. 132 students took part in the webinar.





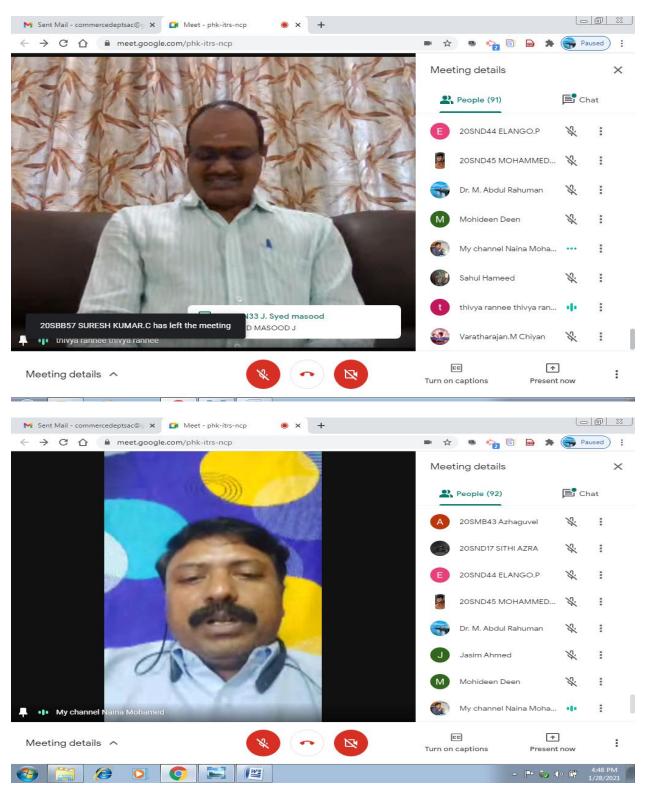


5. REPUBLIC DAY CELEBRATION - 26-01-2021

The seventy second republic day of our country was celebrated by the NSS Units of Sadakathullah Appa College on 26-01-2021 at 8 am. The national flag was hoisted by the principal Dr.M.Mohamed Sathik. The special address was given by Dr.P.Madava Somasundaram, head, Department of Criminology Manonmaniam Sundaranar University. Five tree saplings were planted after the program. NSS volunteers were present. All the NSS Program officers were present.



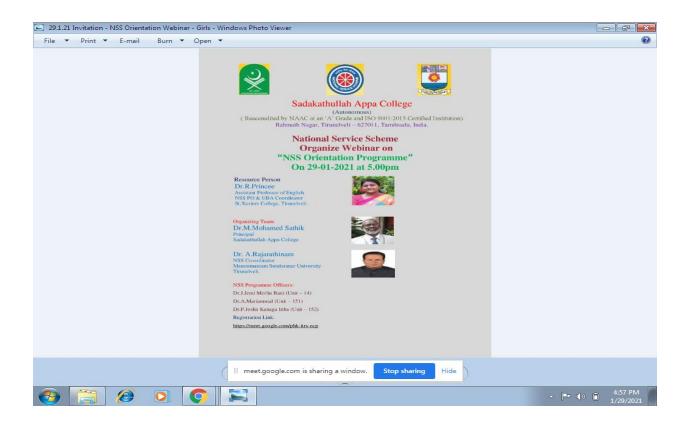


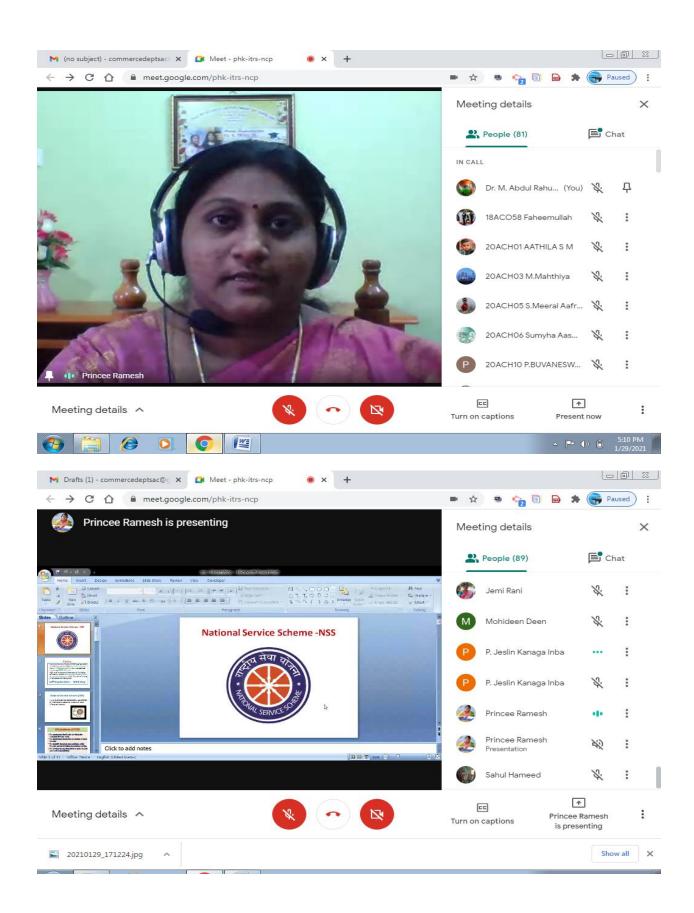


6. ROAD SAFETY AWARENESS PROGRAMME 28.01.2021

7.NSS GIRLS UNITS ORIENTATION PROGRAMME GIRLS 29.01.2021

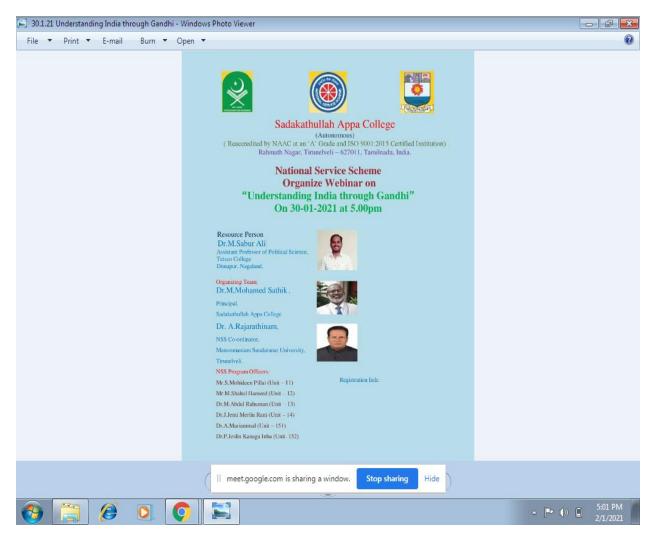
The NSS orientation program for the first year NSS volunteers was organized on 29/01/2021 at 5 pm. The webinar was organized by the NSS units 14, 151, 152. The program began with the recitation of Quranic verses by Ibrahim Fahimullah, III B.Com. The welcome address was given by Dr.P.Jeslin Kanaga Inba, NSS Program officer. Dr.R.Princee, Assistant Professor of English, St.Xavier's College, Tirunelveli. She oriented the students on how a NSS volunteer should be. Dr.A.Mariammal thanked the gathering. 100 students took part in the webinar. All the NSS Programme officers were present.

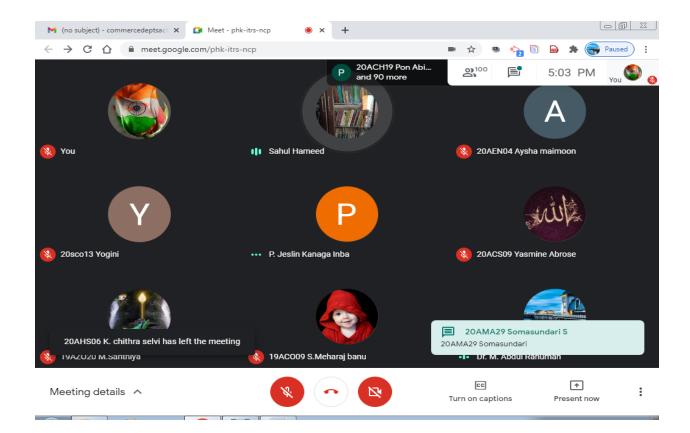




9. MARTYRS' DAY - 01/02/2021

In connection with the martyrs day celebrations, the NSS units 14,151,152 organised a guest lecture on 01/02/2021. The programme started by 5 pm through google meet. Ninety five students participated in the program. Prof M.Sahul Hameed, NSS Programme officer welcomed the gathering.Dr M.Sabur Ali, Assistant Professor of Political Science, Tetsco College, Nagaland gave a lecture on "Understanding India through Gandhiji". He talked about the significance of the day and the sacrifives made by Mahatma Gandhiji in the struggle for India's independence. The meeting came to an end by Dr. A.Mariammal proposing the vote of thanks.





SADAKATHULLAH APPA COLLEGE (AUTONOMOUS),

RAHMATH NAGAR, TIRUNELVELI-11

Affiliated to Manonmaniam Sundaranar

University







ORGANISED

INTERNATIONAL WOMEN'S DAY

ON

08.03.2021

BY

NSS UNITS 14, 151 & 152

On behalf of NSS units 14, 151 and 152 of Sadakathullah Appa College, International women's day was celebrated on 08.03.2021 at 12 noon in the college auditorium. Dr. P. Jeslin Kanaga Inba, NSS PO unit 152, welcomed the gathering. Dr. S. Mohamed Ameen Principal i/c gave the presidential address. Vice Principal Dr. S. M. A Syed Mohamed Kaja felicitated the gathering. Dr. R.Princee, Asst.prof of English, St. Xavier's college, Palayamkottai delivered a lecture on women in 21st century. She motivated the students to choose the challenges. She advised women to scale new heights in all the aspects of life. Dr. A. Mariammal, NSS PO unit 151, proposed the vote of thanks. Dr. J. Jemi Merlin Rani, NSS PO unit 14, hosted the programme.









SADAKATHULLAHAPPA COLLEGE (AUTONOMOUS)

RAHMATH NAGAR, TIRUNELVELI-627011

Affiliated to Manonmaniam Sundaranar University

Tirunelveli 627 012







NSS ACTIVITIES REPORT

2021 - 2022

NSS UNITS 11,12,13,14,151,152

- Unit 11 Mr. S. Mohideen Pillai
- Unit 12 Dr. Younush Ahamed Mohamed Sheriff
- Unit 13 Dr. M. Abdul Rahuman
- Unit 14 Dr. P. Geetha
- Unit 151 Dr. A. Marianmal
- Unit 152 Dr. A. Syed Ali Fathima

Sadakathullah Appa College (Autonomous)

Rahmath Nagar, Tirunelveli-627011

NSS ACTIVITIES IN THE ACADEMIC YEAR 2021-2022

| S.No. | Events | Date |
|-------|---|---|
| 1 | Mental Health during Pandemic Period | <u>12.06.2021</u> |
| 2 | Climate Change | <u>14.06.2021</u> |
| 3 | Independence Day Celebration | 15.08.2021 |
| 4 | Covid - 19 Vaccination Camp | <u>02.09.21, 03.09.21,</u> <u>05.10.21</u> |
| 5 | Blood Donation and special medical camp | <u>07.10.2021</u> |
| 6 | Tree plantation | <u>13.10.2021</u> |
| 7 | Orientation Programme | 18.11.2021 |
| 8 | Constitution Pledge | 26.11.2021 |
| 9 | Covid - 19 Vaccination Camp | 09.122021 |
| 10 | Swacch Bharath | 14.12.2021 |

Event : 1 Mental Health During Pandemic Period

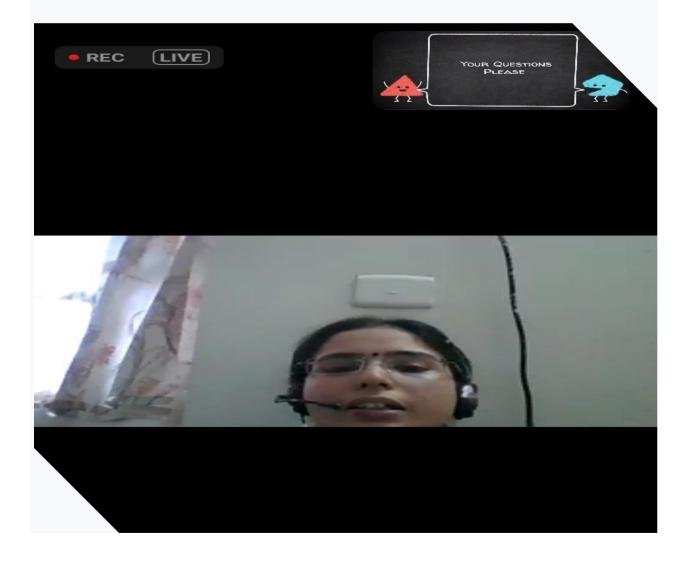
Date : 12. 06.2021

The NSS Units of 14, 151, and 152 of Sadakathullah Appa College jointly organized webinar on "**MENTAL HEALTH DURING PANDEMIC PERIOD** " on 12th June 2021 at 4.30. P.M through Zoom Platform. The program begin with the recitation of Holy Quran by NSS Volunteer S. I. Mohamed Mufrij I. B.Com.

In the Inaugural Session **Dr. P. Jeslin Kanaga Inba** NSS Programme Officer (Unit 152) welcomed the chief guests and the participants.

While addressing **Dr. M. Mohamed Sathik, Principal Sadakthullah Appa College**. He has thrown light on the theme of the webinar and congratulated the NSS Programme officers choosing this exclusive and relevant topic for the event and also he encouraged NSS Volunteers. The felicitation address was given by the vice principal **Dr. S.M.A Syed Mohemed Khaja** shared his views on webinar and also he encouraged the participants.

After the inaugural session Resource Person **Dr. S.S. Srinithi** Psychologist, SANMIRA Centre for Psychological Interventions, Tirunelveli, She spoken on the triple E's (Eating healthy, Exercise, , and Early waking) to be optimistic to be gratitude to keep our mental health stable and how to prevent a person from committing suicide.



The talk was followed by the question session. NSS Programme officers and NSS volunteers asked questions about stress and mental health during pandemic period. The resource person clarified all the questions for this session.





The webinar was concluded with a vote of thanks by Dr. A. Mariammal NSS Programme officer (Unit 151) Dr. J.Jemi Merlin Rani NSS Programme officer (Unit 14) Co-ordinate this webinar. 146 participants were attended this webinar

Event 2 : Climate Change

Date : 14.06.2021



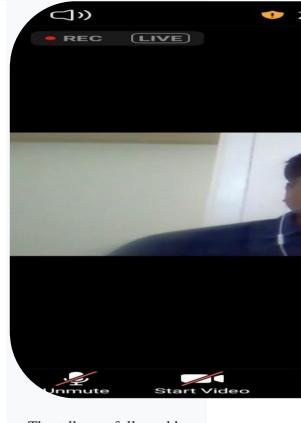
The NSS Units of 11, 12, and 13 of Sadakathullah Appa College jointly organized webinar on " **CLIMATE CHANGE** " on 14th June 2021 at 5. P.M through Zoom Platform. The program begin with the recitation of Holy Quran by NSS Volunteer S. I. Mohamed Mufrij I. B.Com.

In the Inaugural Session **Dr. M. Abdul Rahuman** NSS Programme Officer (Unit 13) welcomed the chief guests and the participants.

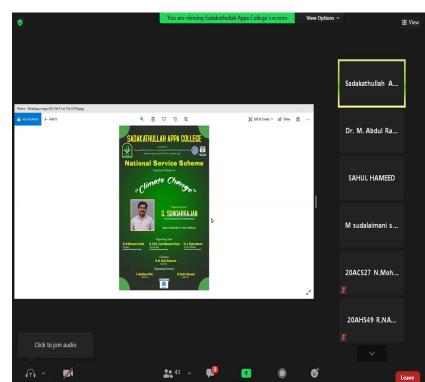
While addressing **Dr. M. Mohamed Sathik, Principal Sadakthullah Appa College**. He has thrown light on the theme of the webinar and congratulated the NSS Programme officers choosing this unique and relevant theme for the event and also he encouraged NSS Volunteers.

The felicitation address was given by the vice principal **Dr. S.M.A Syed Mohemed Khaja** shared his views on webinar and also he encouraged the participants

After the inaugural session Resource Person **Mr. G. Sundarjan**, Environmentalist, Social Activist, "**Poovulagin nanbargal**" provided various information about "Climate Change "He shared his views on Environmental conditions and the Importance of developmental awareness against globalization and the exploitation of dominant forces and making environmental justice available to all classes of people.



The talk was followed by the question session. NSS Programme officers and NSS volunteers asked questions about environment and



climate change conditions. The Chief guest clarified all the questions for this session.



The webinar was concluded with a vote of thanks byMr. S. Mohideen Pillai NSSProgramme officer (Unit 11).Mr. M.Sahul Hammed NSS Programme officer (Unit12) Co-ordinate this webinar. 148 participants were attended this webinar

Event : 3 Independence Day Celebration

Date : 15.08.2021



NSS Units organized tree plantation after the flag hoisting

Event 4 Covid 19 Vaccination Camp

Date : Sep 2, 3, - 2021



As per the GO. (MS) No. 522 dated 21.08.2021, our college initiated COVID-19 Vaccination Camp on 02.09.2021 and 03.09.2021 The list of teaching and non-teaching staff and students who have not been vaccinated was prepared on the same day. Our Institution approached Urban Public Health Centre Samathanapuram Tirunelveli Corporation to organize the COVID-19 Vaccination Camp on 02.09.2021 and 03.09 .2021. National Service Scheme (Unit No. 11,12,13,14,151, and 152) of our College made necessary arrangements to conduct this camp.

To ensure the safety of the students and the staff members against Corona Virus the NSS Units of Sadakathullah Appa College Organised these two days' drives on the college campus. The program began at 10. am and was flagged off by the principal Dr. M. Mohamed Sathik. Health workers and doctor Ms. Suganya deir and Ms. Reshma from Urban Public Health Centre Samathanapuram were present. On 02.09.2021, 138 students, 29, students from Ismail ITI and 5 staff members from the morning shift, and 47 students, 6 public got vaccinated in the afternoon shift. On 03.09.2021 83 students, one scholar and two staff from the morning shift, and 38 students, six staff from the afternoon shift took the vaccination. All the NSS Program officer was present.



Event : Vaccination Camp 05.10.2021

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|---|---|
| National Service Scheme | |
| (Unit 11,12,13,14,151 & 152) | |
| Covid -19 Vaccination Camp | |
| Date : 05.10.2021 | |
| Venue : Sadakathullah Appa College (Autonomous |) |
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A Vaccination camp was organized by the NSS Units of Sadakathullah Appa College on 05.10.2021. Urban Public Health Centre from Samathanapuram, Palayamkottai. Health workers under the guidance of Dr. Reshma came to the college to vaccinate. Students, staff, and non-teaching faculties got beneficiated from it. A total of 100 members got vaccinated. The camp was inaugurated by Principal Dr. M. Mohamed Sathik all the NSS Programme officers were present..



Event : 5 Blood Donation Camp

Date : 07.10.2021



The NSS unit of Sadakathullah Appa College organized a blood donation and special medical camp on 7.10.21 Annai Velankanni Hospital, the Eye Foundation Hospital Tirunelveli.Sadakathullah Appa College. NSS unit of Sadakathullah Appa College organized the camp. Dr. Jethiya Jesudha along with her team were present for the blood donation camp. Blood pressure and sugar test were also conducted. Eye camp was also organized and students, teaching, and non-teaching staff got benefited from the camp. All the NSS PO's were present. Fifty students donated blood .









சதக்கத்துல்லா கல்லூரியில் ரத்த தான சிறப்பு முகாம்



பாளை சதக்கத்துல்லா கல்லூரியில் ரத்த தான சிறப்பு முகாம் நடந்தது.

நெல்லை, அக். 8: பாளை சதக்கத்துல்லா கல்லூரி யில் ரத்த தான சிறப்பு முகாம் நடந்தது.

பாளை சதக் கத் துல்**லா** கல்லூரியின் என் எஸ்எஸ் அணி, அன்னை வேளாங்கன்னிரத்ததான மையம், ஐ பவுன்டேஷன் ஆகியவற்றின் சார்பில் பாளை சதக்கத்துல்லா கல்லூரியில் ரத்த தான சிறப்பு முகாம் மற்றும் கண் சிகிச்சை மருத்துவ முகாமை நடத்தின. கல் லூரி முதல்வர் முகமது சாதிக் தலைமை வகித் தார். அரசு உதவிபெறா பாடப்பிரிவு துனை முதல்

வர் செய்யது முகமது காஜா, டாக்டர்கள் ஜெத் தையா ஜேசுதாசன், முகம் மது பைசன் வாழ்த்திப் பேசினர்.மாணவர்களுக்கு ரத்தத்தில் சர்க்கரை மற் றும் ஹிமோகுளோபின் அளவு கண்டறியப்பட் து. தொடர்ந்து கண் . பரிசோதனையும் நடந் தது. இதையொட்டி 50 மாணவர்கள் ரத்த தானம் செய்தனர். ஏற்பாடுகளை என்எஸ்எஸ் அலுவலர்கள் அப்துல்ரகுமான், ஜெமி மெர்லின் ராணி, பேராசிரி யர் சாகுல் அமீது, மாரியம் மாள், முகைதீன் பிள்ளை செய்திருந்தனர்.



Event : 6 Tree Plantation

Date : 13.10.2021

The tree plantation program Was organized by NSS Units of Sadakathullah Appa College on 13.10.2021. The Joint deputy director of agriculture Mr. David Tennison planted the first sapling. 25 saplings were planted near the mosque. Dr. M. Mohamed Sathik, Principal, Dr. S. M. A Syed Mohamed Khaja, Vice Principal, Mr. Antony, Agriculture Consultant, and NSS Programme Officers were present.





Event : 7 NSS Orientation Programme

Date : 18.11.2021



The NSS Units of 11,12, 13,14, 151, and 152 of Sadakathullah Appa College jointly organized the "**NSS ORIENTATION PROGRAMME** " on 18th November 2021 at 10.30. A.M. The program begins with the recitation of the Holy Quran by M. Mohamed Abdul Hameed I.M.Com

In the Inaugural Session, **Dr. M. Abdul Rahuman** NSS Programme Officer (Unit No :13) welcomed the chief guests and the participants.

While addressing **Dr. M. Mohamed Sathik, Principal Sadakthullah Appa College**. He has thrown light on the theme of the Orientation Programme and congratulated the NSS Programme officers, He shared his views and the importance of NSS. He advised the volunteers to serve the nation.

The felicitation address was given by the vice-principal **Dr. S.M.A Syed Mohemed Khaja** shared the role and objectives of NSS and also he encouraged the participants

After the inaugural session Resource Person **Dr. B. Ponnuthai**, NSS Programme officer, Kamaraj College, Thoothukudi provided various information about the "National Service Scheme "She shared the functions of regular activities and special camp activities. She also explained the importance of NSS.







The Orientation program was concluded with a vote of thanks by Mr.Dr. M. Syed Ali Fathima NSS Programme officer (Unit 152). Mr. M Mohaideen Pillai, NSS Programme officer (Unit 11) Dr. P. Geetha NSS Programme Officer (Unit No 14) Dr. A. Mariammal Nss Programme (Unit No 151) coordinate this orientation Programme. 275 participants have attended this orientation Programme

Event: 8 Constitution Pledge

Date : 26.11.2021



NSS Units of Sadakathhllah Appa College organized Constitution day. Oath Was taken all the classes

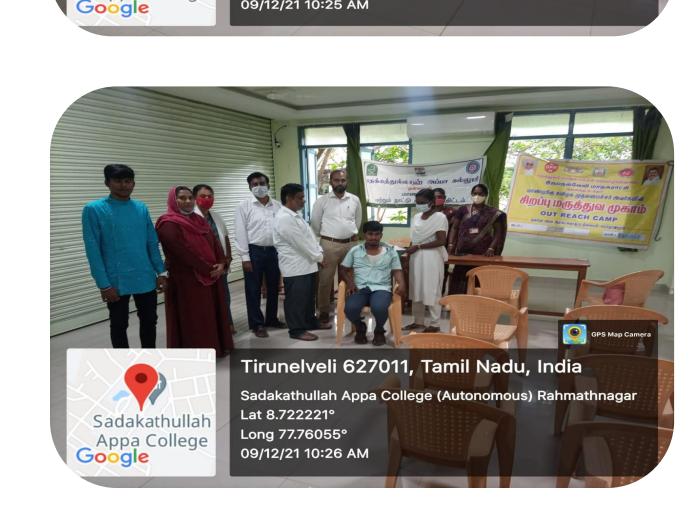
Event : 9 Covid Vaccination Camp

Date : 09.12.2021



The NSS Units of Sadakathullah Appa College, conducted a vaccination camp on 09/12/2021 in collaboration with the Government Primary Health Centre, Samathanapuram. The programme was inaugurated by Dr. A. Shakul Hamid, Principal in-charge, Associate Professor and HOD of Department of Computer Science along with Dr. S.M.A. Syed Mohamed Khaja the Vice-Principal of our college. A total of 189 students got vaccinated in the camp which includes first and second doses of Covishield. All the six NSS programme officers were present.





09/12/21 10:25 AM

Event : 10 Swacch Bhharat

Date : 14.12.2021

Sadakathullah Appa College

(Autonomous) Rahmath Nagar, Tirunelveli-627 011. (Reaccredited by NAAC at an 'A' Grade. An ISO 9001:2015 Certified Institution)

ONE-DAY CAMP ON SWACHH BHARAT (CAMPUS CLEANING)

DATE : DECEMBER 14, 2021 PLACE : COLLEGE CAMPUS

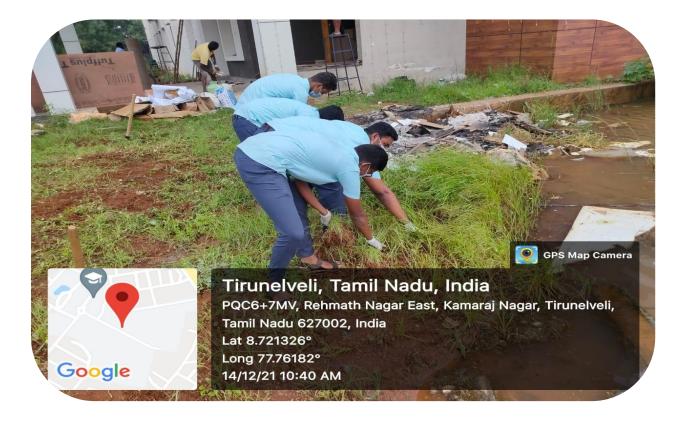
Organized by

THE SADAKATH OUTREACH PROGRAMME (SOP) AND NATIONAL SERVICE SCHEME (NSS) SADAKATHULLAH APPA COLLEGE

A one day campus cleaning drive was organized by the NSS units of (11, 12, 13) Sadakathullah Appa College in collaboration with the Sadakath Outreach Programme (SOP) on 14/12/2021. A total of 40 volunteers participated in the programme and cleaned the campus in order to prepare for the arrival of the Tamil Nadu Higher Education Minister Dr. K. Ponmudy who visited the campus to inaugurate the M.N.M. Mohammed Sahib Library. On 15/12/2021 the Tamil Nadu Higher Education Minister Dr. K. Ponmudi visited the campus to inaugurate the M.N.M. Mohammed Sahib Library. NSS volunteers were involved in the reception and hospitality committee and took part actively in various activities such as welcoming the guests and snacks distribution.

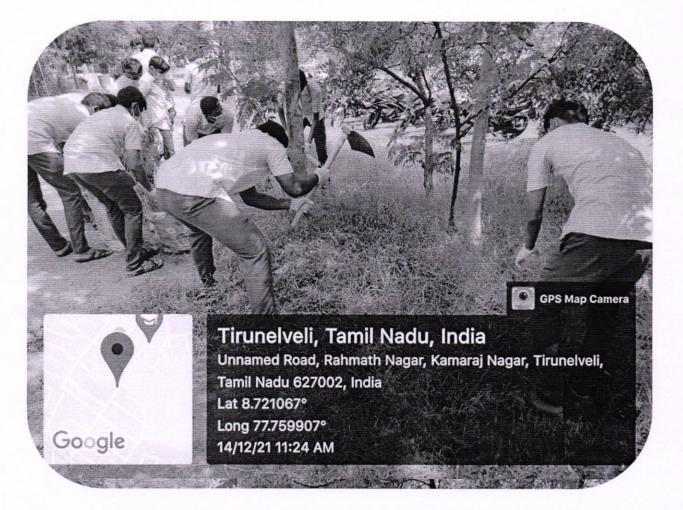






Event: 10 Swacch Bhharat

Date : 14.12.2021





Principal

PRINCIPAL SADAKATHULLAH APPA COLUCTER Rahmath Nagar, TIRUNELVELI - 627 Juni

M.H